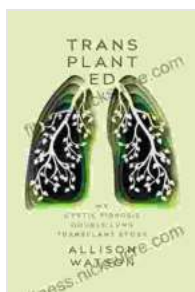


Transplanted My Cystic Fibrosis: A Double Lung Transplant Story of Hope and Resilience

My Journey with Cystic Fibrosis

I was diagnosed with cystic fibrosis (CF) when I was just a baby. CF is a genetic disorder that affects the lungs, pancreas, and other organs. It causes thick, sticky mucus to build up in the lungs, which can lead to infections and other serious health problems.



Transplanted: My Cystic Fibrosis Double-Lung

Transplant Story by Alexandria Moran

★★★★☆ 4.5 out of 5

Language : English
File size : 2831 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 240 pages
Lending : Enabled



Growing up with CF was challenging. I had to take multiple medications every day, do breathing treatments, and visit the doctor frequently. I often got sick, and I had to be hospitalized several times.

As I got older, my CF began to progress. My lungs became more damaged, and I started to have trouble breathing. In 2019, I was placed on the lung transplant waiting list.

The Transplant

I waited for a lung transplant for almost a year. During that time, I continued to get sicker. I was on oxygen 24/7, and I could barely walk.

Finally, in May 2020, I received the call that I had been waiting for. A pair of lungs had become available.

The surgery was a success. I woke up from surgery with new lungs, and I could breathe again. It was an incredible feeling.

Recovery

The recovery from a lung transplant is long and challenging. I had to stay in the hospital for several weeks, and I had to do physical therapy and occupational therapy to learn how to breathe and use my new lungs.

There were some setbacks along the way. I had to be readmitted to the hospital several times for infections and other complications. But I never gave up. I was determined to get better, and I was supported by an amazing team of doctors, nurses, and therapists.

Life After Transplant

I am now two years post-transplant, and I am doing well. I am able to breathe easily, and I am enjoying life again.

I am grateful for the gift of a second chance. I am grateful to my donor and their family for making this possible. And I am grateful to my doctors, nurses, and therapists for helping me through this journey.

Inspiration

I hope that my story will inspire others who are living with CF or other chronic illnesses. I want them to know that there is hope. There is life after transplant.

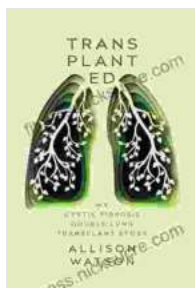
If you are struggling with a chronic illness, please don't give up. There are people who care about you and want to help you. There are resources available to help you manage your illness and live a full and happy life.

How You Can Help

There are many ways you can help people with CF and other chronic illnesses. You can:

- * Donate to organizations that support CF research and care
- * Become an organ donor
- * Volunteer your time at a hospital or other healthcare facility
- * Spread awareness about CF and other chronic illnesses

Every little bit helps. Thank you for your support.



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