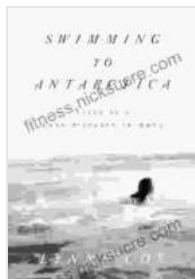


# Tales of Long Distance Swimmers: The Alex Awards



## Swimming to Antarctica: Tales of a Long-Distance Swimmer (Alex Awards (Awards)) by Lynne Cox

★★★★☆ 4.6 out of 5

Language : English  
File size : 793 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 388 pages

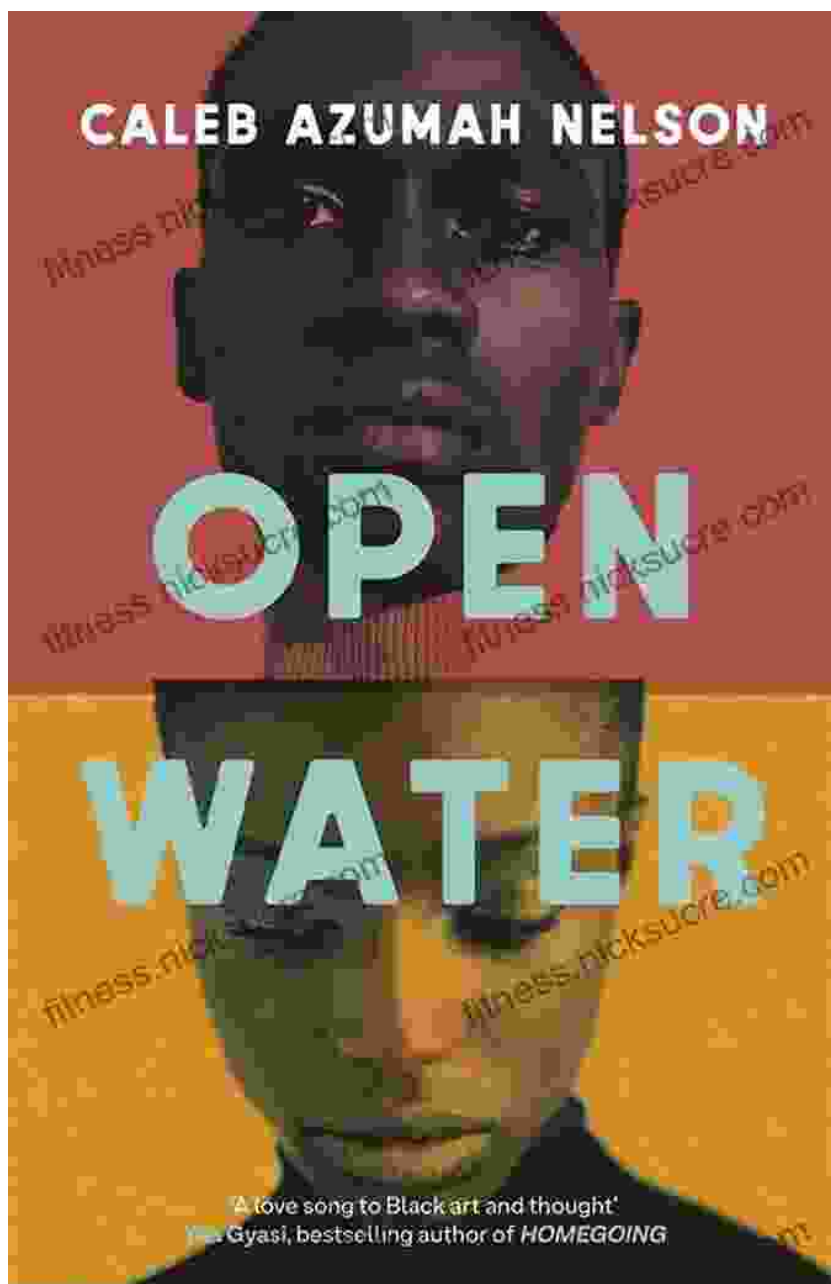


The Alex Awards are given annually to young adult books that have "special appeal to reluctant readers." The awards are named after Alex Haley, the author of the Pulitzer Prize-winning novel *Roots*. The Alex Awards were established in 1998 by the American Library Association's Young Adult Library Services Association (YALSA).

Long distance swimming is a demanding sport that requires both physical and mental endurance. Swimmers must train for hours on end, often in cold and challenging conditions. They must also be able to push themselves to the limit, both physically and mentally. The Alex Awards have recognized several books that tell the stories of long distance swimmers.

## Open Water

*Open Water* by Caleb Azumah Nelson is a novel about two young black swimmers who fall in love. The novel follows the two swimmers as they train for and compete in a long distance swimming competition. *Open Water* is a beautiful and moving story about love, loss, and the power of the human spirit.



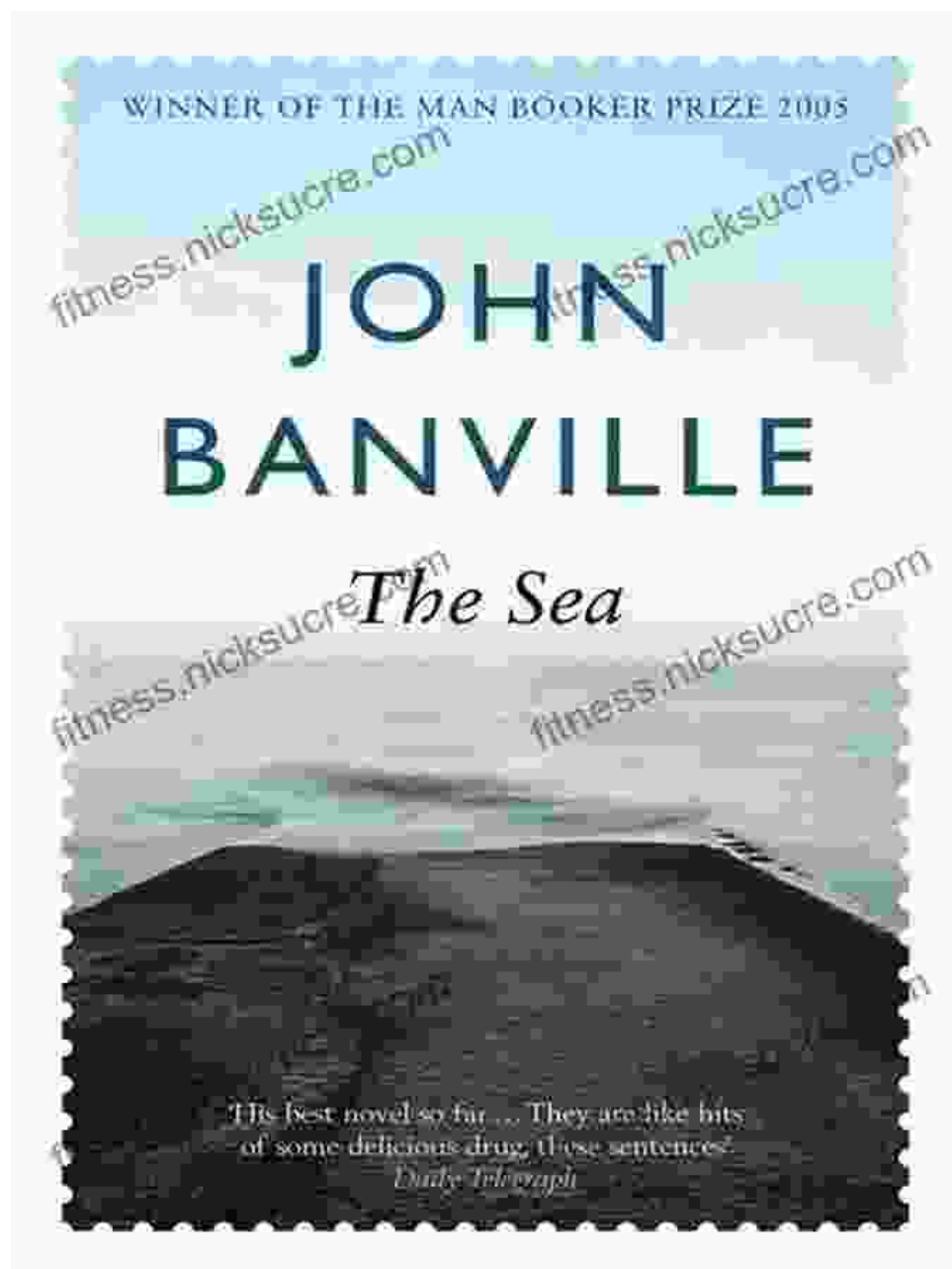
Book cover of *Open Water* by Caleb Azumah Nelson

"*Open Water* is a love story that is as beautiful and as brutal as the ocean itself. Caleb Azumah Nelson has written a stunning debut novel that will stay with me for a long time to come."

- Angie Thomas, author of *The Hate U Give*

## **The Swimmer**

*The Swimmer* by John Banville is a novel about a former Olympic swimmer who is haunted by his past. The novel follows the swimmer as he tries to come to terms with his failures and find redemption. *The Swimmer* is a beautifully written and haunting novel about the power of memory and the fragility of the human spirit.



Book cover of *The Swimmer* by John Banville

"*The Swimmer* is a masterpiece. John Banville has written a novel that is both heartbreaking and unforgettable."

- Salman Rushdie, author of *Midnight's Children*

## The Marathon Swimmer

*The Marathon Swimmer* by Zacharias Kunuk is a documentary film about Diana Nyad, a long distance swimmer who became the first person to swim from Cuba to Florida without a shark cage. The film follows Nyad as she trains for and completes her historic swim. *The Marathon Swimmer* is an inspiring and heartwarming film about the power of the human spirit.

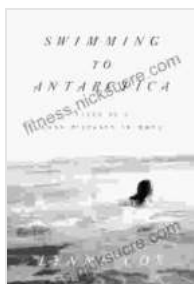


Movie poster of *The Marathon Swimmer*

"*The Marathon Swimmer* is a must-see for anyone who loves a good story. Diana Nyad is an inspiration to us all."

- Oprah Winfrey

The Alex Awards have recognized several books and films that tell the stories of long distance swimmers. These stories are inspiring and heartwarming, and they showcase the power of the human spirit. If you're looking for a good read or a moving film, I encourage you to check out one of the Alex Award winners.



## Swimming to Antarctica: Tales of a Long-Distance Swimmer (Alex Awards (Awards)) by Lynne Cox

★★★★☆ 4.6 out of 5

Language : English  
File size : 793 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 388 pages





## Reflections For Your Heart and Soul: A Journey of Self-Discovery and Healing

In the depths of our hearts, we hold a wellspring of wisdom and resilience. Reflections For Your Heart and Soul invites you on a transformative...



## The Heroines Club: Empowering Mothers and Daughters

The Heroines Club is a mother daughter empowerment circle that provides a supportive and empowering environment for mothers and daughters to...