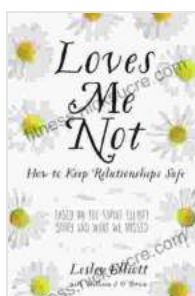


Loves Me Not: How to Keep Relationships Safe



Loves Me Not: How to Keep Relationships Safe

by M. Mitchell Waldrop

★★★★☆ 4.2 out of 5

Language : English
File size : 5497 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 226 pages



Love is a beautiful thing. It can make us feel happy, fulfilled, and connected to others. But love can also be painful, especially when it ends. If you're in a relationship that's not working, or if you're worried about the safety of your partner, it's important to know how to protect yourself.

Warning Signs of an Abusive Relationship

There are many different types of abuse, but some of the most common warning signs include:

- **Physical abuse:** This includes hitting, punching, kicking, or any other form of physical violence.
- **Emotional abuse:** This includes name-calling, insults, threats, or any other form of verbal or emotional abuse.
- **Sexual abuse:** This includes rape, sexual assault, or any other form of unwanted sexual contact.
- **Financial abuse:** This includes controlling your partner's money, preventing them from getting a job, or any other form of financial abuse.
- **Isolation:** This includes preventing your partner from seeing their friends or family, or any other form of isolation.

If you're experiencing any of these warning signs, it's important to get help immediately.

How to Get Help

If you're in an abusive relationship, there are many resources available to help you get out. You can call the National Domestic Violence Hotline at 1-800-799-SAFE (7233) or visit their website at www.thehotline.org. You can also contact your local police department or women's shelter.

If you're worried about the safety of your partner, you can also call the National Domestic Violence Hotline or contact your local police department.

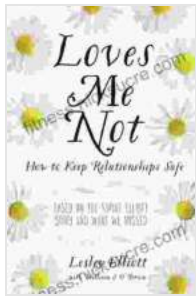
How to Keep Your Relationships Safe

There are many things you can do to help keep your relationships safe. Some of the most important things include:

- Trust your instincts. If something doesn't feel right, it probably isn't.
- Set boundaries. Let your partner know what you will and will not tolerate.
- Communicate openly and honestly. Talk to your partner about your feelings and needs.
- Be supportive. Be there for your partner when they need you.

By following these tips, you can help keep your relationships safe and healthy.

Love is a beautiful thing, but it can also be painful. If you're in a relationship that's not working, or if you're worried about the safety of your partner, it's important to get help. There are many resources available to help you, and you don't have to do this alone.



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