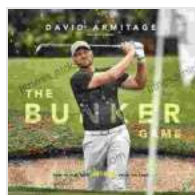


# How to Play with Confidence from the Sand: A Comprehensive Guide to Mastering the Bunker Shot



Bunker shots can be a daunting challenge for golfers of all levels. The sand's soft and unpredictable nature can make it difficult to control the ball's trajectory and distance. However, with the right technique and a bit of practice, you can learn to play bunker shots with confidence and accuracy.



## **The Bunker Game: How to Play with Confidence from the Sand** by David Armitage

★★★★☆ 4.6 out of 5

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## **1. Choosing the Right Club**

The first step to playing a successful bunker shot is choosing the right club. The type of club you need will depend on the lie of the ball in the sand and the distance to the hole. For most bunker shots, a sand wedge or lob wedge is the best choice. These clubs have a wide sole that helps to keep the clubhead from digging too deeply into the sand, and they also have a lot of loft to help the ball get up and over the lip of the bunker.

## **2. Setting Up to the Ball**

Once you have chosen the right club, it is important to set up to the ball correctly. Stand with your feet shoulder-width apart and your knees slightly flexed. The ball should be positioned in the middle of your stance, and your weight should be evenly distributed between your feet. Your hands should be placed on the club grip with a neutral grip, and your elbows should be slightly bent.

## **3. The Swing**

The swing for a bunker shot is similar to the swing for a regular iron shot. However, there are a few key differences. First, you need to keep your head down and your eyes focused on the ball throughout the swing. Second, you need to make sure to swing smoothly and with a controlled tempo. Third, you need to follow through with your swing and finish with the clubhead pointing towards the target.

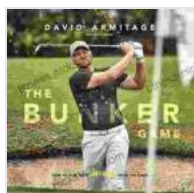
## **4. Practice**

As with any other golf shot, the key to mastering the bunker shot is practice. The more you practice, the more comfortable you will become with the technique and the more confident you will be when you face a bunker shot on the course.

### **Here are a few tips to help you practice your bunker shots:**

- Find a practice bunker at your local golf course or driving range.
- Start by practicing with a simple bunker shot from a flat lie.
- Once you have mastered the basic bunker shot, you can start to practice more difficult shots, such as shots from a downhill or uphill lie.
- Don't be afraid to experiment with different techniques until you find one that works for you.

Bunker shots can be a challenge, but they are also a lot of fun to master. With the right technique and a bit of practice, you can learn to play bunker shots with confidence and accuracy. So next time you face a bunker shot, don't be afraid to take a deep breath and give it your best shot.



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