### How Culture Is Driving Human Evolution: Domesticating Our Species and Making Us More Cooperative



The Secret of Our Success: How Culture Is Driving Human Evolution, Domesticating Our Species, and Making Us Smarter by Joseph Henrich

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#### **Culture: A Driving Force in Human Evolution**

Human culture is a complex and multifaceted phenomenon that has played a central role in our evolution. Culture is not simply a collection of customs and traditions; it is a living, breathing entity that shapes our thoughts, behaviors, and even our physical characteristics.

In recent years, scientists have begun to explore the ways in which culture is driving human evolution. This research has revealed that culture is not just a passive bystander; it is an active force that is shaping the very nature of our species.

#### **Culture Is Domesticating Our Species**

One of the most striking ways in which culture is shaping human evolution is by domesticating our species. Domestication is the process by which wild animals are brought under human control and bred for specific traits. Over time, this process can lead to significant changes in the physical and behavioral characteristics of the domesticated animals.

Humans have domesticated many species of animals, including dogs, cats, horses, and cows. However, we have also domesticated ourselves. Culture is the tool that we have used to control our own evolution, to shape our own traits, and to create a more cooperative and social species.

The domestication of humans has had a number of profound effects on our species. For example, culture has led to a decrease in our physical strength and agility, as well as a reduction in our aggressive tendencies. However, culture has also led to a number of positive changes, such as an increase in our intelligence, cooperation, and empathy.

#### **Culture Is Promoting Cooperation**

One of the most important ways in which culture is driving human evolution is by promoting cooperation. Cooperation is essential for human survival and success. It allows us to share resources, work together to achieve common goals, and provide support for each other in times of need.

Culture is a powerful force for promoting cooperation. It creates shared values and norms that encourage people to work together. It also provides mechanisms for resolving conflict and punishing those who violate the rules of cooperation.

The cooperation that is fostered by culture has been a major factor in the success of our species. It has allowed us to dominate the planet and to

achieve levels of technological and social development that would not have been possible without cooperation.

#### The Future of Human Evolution

Culture is a powerful force that is shaping the evolution of our species. It is domesticating us, making us more cooperative, and helping us to achieve greater levels of success.

As we continue to evolve, it is important to be aware of the role that culture is playing in our development. We should use this knowledge to create a more just, equitable, and sustainable world for all.



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