

# Everything You Need In A Pocket Sized Resource: How To Prepare For The Unexpected

In today's world, it's more important than ever to be prepared for the unexpected. Whether it's a natural disaster, a power outage, or a medical emergency, being able to take care of yourself and your loved ones is essential. That's why we've put together this pocket-sized guide to everything you need to know about preparing for the unexpected.

## What To Include In Your Pocket Sized Resource

Your pocket-sized resource should include the following:

- A list of essential supplies, such as food, water, first aid, and shelter
- Instructions on how to assemble and use these supplies
- A map of your area, including evacuation routes
- A list of emergency contacts
- A copy of your important documents
- A whistle or other noisemaker to signal for help

## How To Prepare For The Unexpected

Once you have assembled your pocket-sized resource, you need to know how to prepare for the unexpected. Here are a few tips:

**Busy Applicant's Guide to Get Into Law School:  
Everything you need in a pocket-sized resource**



## (including how to prepare for the LSAT) by Stephen Ilg

★★★★☆ 4.3 out of 5

Language	: English
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 68 pages
Lending	: Enabled



- Make a plan for what you will do in the event of an emergency. This plan should include where you will go, how you will contact your loved ones, and what you will do if you are unable to return home.
- Practice your plan with your family and friends. This will help you to identify any potential problems and to make sure that everyone knows what to do.
- Stay informed about potential hazards in your area. This includes natural disasters, such as hurricanes and earthquakes, as well as man-made hazards, such as chemical spills and terrorist attacks.
- Have an emergency kit ready in your home and in your car. This kit should include essential supplies, such as food, water, first aid, and shelter.
- Be prepared to evacuate your home if necessary. Make sure you have a plan for where you will go and how you will get there.

## What To Do If The Unexpected Happens

If the unexpected happens, it's important to stay calm and to follow your plan. Here are a few things you should do:

- Check on your family and friends to make sure they are safe.
- Contact your local authorities to report the emergency and to get instructions.
- Follow the instructions of your local authorities and emergency responders.
- Stay informed about the situation and be prepared to follow further instructions.

By following these tips, you can help to ensure that you and your loved ones are prepared for the unexpected.

## **Additional Resources**

In addition to the information in this pocket-sized guide, there are a number of other resources available to help you prepare for the unexpected. Here are a few:

- **Ready.gov:** This website provides a wealth of information on emergency preparedness, including tips on how to make a plan, assemble an emergency kit, and stay informed about potential hazards.
- **FEMA:** The Federal Emergency Management Agency (FEMA) is the federal agency responsible for coordinating disaster relief efforts. FEMA's website provides information on a variety of topics, including emergency preparedness, disaster recovery, and financial assistance.

- American Red Cross: The American Red Cross is a non-profit organization that provides disaster relief and other services. The Red Cross's website provides information on a variety of topics, including emergency preparedness, first aid, and CPR.

By using these resources, you can help to ensure that you and your loved ones are prepared for the unexpected.



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